

Professional Growth Plan

The Nova Scotia College of Nursing (NSCN) is the regulatory body for licensed practical nurses (LPNs), registered nurses (RNs) and nurse practitioners (NPs) in Nova Scotia. Our mandate is to protect the public by promoting the provision of safe, competent, ethical and compassionate nursing services by our registrants.

The Continuing Competence Program (CCP) guides nurses to continuously improve their practice by providing a framework for nurses to set goals, make practice improvements and continue to deliver safe and competent care to Nova Scotians. For specific information on how to complete the Professional Growth Plan, see the [CCP Guide for Nurses](#).

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Nursing Designation:		LPN		RN	✓	NP

Opportunities for Growth and Learning Based on Self-Assessment

Opportunity	Action idea for learning
To become more proficient with regard to providing care virtually	Seek professional resources to help me meet my Standards of Practice

For the purposes of CCP, the client includes any individuals, families, groups or communities who are the recipient of nursing services. For nurses in non-clinical positions, such as education or management, the client is the recipient of your services. As an educator for example, your client may be a student, nurse or other care provider. As a manager, your client may be your team or individuals on your team.

Learning Goal #1

Your goal must be based on my learning needs and linked to a standard and indicator in the standards of practice

By the end of the year, I want to learn more about my responsibilities when providing client care virtually.

Related Standard & Indicator	
Standard	Standards of Practice for Registered Nurses Standard 1: Responsibility and Accountability Nurse Practitioner Standards of Practice Standard 1: Responsibility and Accountability Standard 4: Client Care Management
Indicator	1.10 Using technology (e.g., social media) responsibly and appropriately to enhance nursing practice. 1.1: Practice according to ethical, legal and professional standards, competencies and guidelines that reflect their increased level of responsibility, accountability and scope of practice. 1.4: Communicate with clients in a sensitive, honest and respectful manner that anticipates and responds to their questions and concerns. 1.7: Document client care as required by federal and provincial legislation, regulations and organizational policies. 4.7: Obtain and document clients' informed consent prior to performing interventions.

Learning Activities to Meet Goal #1

Reminders:

- Ask yourself: what am I going to do to meet my goal?
- You must list two activities.
- The activities can be formal or informal (e.g. lunch and learn, self-directed study, eLearning, reading journals, peer support)

	Activity	Proposed Date completed by	Actual Date completed
#1	Review NSCN's Telenursing Practice Guideline .	March 15, 2023	March 15, 2023
#2	Find and review information online about legal considerations related to virtual care practice for NPs.	March 30, 2023	April 5, 2023

Reflective Evaluation for Goal #1

After you complete your learning activities, self-reflect on:

- How did I grow as a nursing professional?
- What was the impact on client outcomes?

Learning about provision of client care via telenursing has increased my awareness and expectations about approaches to safe care as well as responsibilities about consent, documentation, etc.

Better understanding my accountabilities when providing virtual care has had a positive impact on client care outcomes as it has allowed for continuity of care for clients who could not come in for an in-person visit.