

Professional Growth Plan

The Nova Scotia College of Nursing (NSCN) is the regulatory body for licensed practical nurses (LPNs), registered nurses (RNs), registered nurse authorized prescribers (RN-APs), registered psychiatric nurses (RPNs) and nurse practitioners (NPs) in Nova Scotia. Our mandate is to protect the public by promoting the provision of safe, competent, ethical and compassionate nursing services by our registrants.

The Continuing Competence Program (CCP) guides nurses to continuously improve their practice by providing a framework for nurses to set goals, make practice improvements and continue to deliver high quality care to Nova Scotians. For specific information on how to complete the Professional Growth Plan, see the [CCP Guide for Nurses](#).

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Nursing Designation:		LPN		RN		RN-AP	✓	RPN		NP

Opportunities for Growth and Learning Based on Self-Assessment

Opportunity	Action idea for learning
- Enhance leadership skills - Work on therapeutic communication skills - Ensure I am maintaining professional boundaries	- Review NSCN resources on Professional Boundaries - Review literature and resources on leadership and communication

For the purposes of CCP, the client includes any individuals, families, groups or communities who are the recipient of nursing services. For nurses in non-clinical positions, such as education or management, the client is the recipient of your services. As an educator for example, your client may be a student, nurse or other care provider. As a manager, your client may be your team or individuals on your team.

Learning Goal #1

Your goal must be based on my learning needs and linked to a standard and indicator in the standards of practice

Practice and demonstrate professional leadership by developing and maintaining positive, effective relationships with the interprofessional team that I am a member of, to support client care by the end of this year.

Related Standard & Indicator

Standard	Standard 4: Leadership and Collaboration in Quality Psychiatric Nursing Practice
Indicator	4.10 Demonstrate professional leadership through: • Building trusting relationships • Creating empowering environments • Supporting knowledge development and integration within the health care team • Advancing psychiatric nursing practice and quality health care • Leading and sustaining change and balancing competing values and priorities

Learning Activities to Meet Goal #1

Reminders:

- Ask yourself: what am I going to do to meet my goal?
- You must list two activities.
- The activities can be formal or informal (e.g. lunch and learn, self-directed study, eLearning, reading journals, peer support)

	Activity	Proposed Date completed by	Actual Date completed
#1	Complete a self-assessment tool of my own leadership skills	February 2026	March 2026
#2	Review NSCN's Professional Presence Guideline	March 2026	June 2026

Reflective Evaluation for Goal #1

After you complete your learning activities, self-reflect on:

- How has your learning impacted client outcomes as well as your nursing practice?

My new knowledge has positively influenced client care and a quality practice environment through my collaboration with my team members

This new knowledge has increased my awareness of my own leadership skills and opportunities for growth. It has supported me in more effective collaboration with team members. I am a more effective leader who is still practicing these skills. I will continue to reflect on my practice.