Professional Growth Plan

The Nova Scotia College of Nursing (NSCN) is the regulatory body for licensed practical nurses (LPNs), registered nurses (RNs) and nurse practitioners (NPs) in Nova Scotia. Our mandate is to protect the public by promoting the provision of safe, competent, ethical and compassionate nursing services by our registrants.

The Quality Assurance Program (QAP) supports nurses in continuously improving their practice by providing a framework for nurses to set goals, make practice improvements and continue to deliver high quality care to Nova Scotians. For specific information on how to complete the Professional Growth Plan, see the QAP Guidebook

Name:	
NSCN Registration Number:	

Nursing Designation:		LPN		RN		NP

Opportunities for Growth and Learning Based on Self-Assessment

Opportunity	Action idea for learning

Learning Goal #1

Your goal must be based on my learning needs and linked to a standard and indicator in the standards of practice

Related Standard & Indicator	
Standard	
Indicator	

Learning Activities to Meet Goal #1

Reminders:

- Ask yourself: what am I going to do to meet my goal?

- You must list two activities.

- The activities can be formal or informal (e.g. lunch and learn, self-directed study, eLearning, reading journals, peer support)

	Activity	Proposed Date completed by	Actual Date completed
#1			
#2			

Reflective Evaluation for Goal #1

After you complete your learning activities, self-reflect on:

- How did I grow as a nursing professional?
- What was the impact on client outcomes?

Learning Goal #2

Your goal must be based on my learning needs and linked to a standard and indicator in the standards of practice

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Related Standard & Indicator	
Standard	
Indicator	

Learning Activities to Meet Goal #2

Reminders:

- Ask yourself: what am I going to do to meet my goal?

- You must list two activities.

- The activities can be formal or informal (e.g. lunch and learn, self-directed study, eLearning, reading journals, peer support)

	Activity	Proposed Date completed by	Actual Date completed
#1			
#2			

Reflective Evaluation for Goal #2

After you complete your learning activities, self-reflect on:

- How did I grow as a nursing professional?
- What was the impact on client outcomes?

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